

## THE PARISH OF GREAT YARMOUTH

GREAT YARMOUTH MINSTER, ST PAUL'S, ST MARY'S

SUNDAY 31<sup>st</sup> May 2020 The Seventh Sunday of Easter

There are no public services at the moment. Do make time for your own prayers.  
Remember that although you may be isolated, no Christian is ever alone.

### Parish Office:

The Rectory, Town Wall Rd, Great  
Yarmouth, Norfolk, NR30 1DJ  
Tel: 01493 858410  
office@gtyarmouthminster.org  
www.gtyarmouthminster.org

## Pentecost Sunday

Today we celebrate, albeit in a slightly different way. Everything is slightly different at the moment though, isn't it? Perhaps our unsettled lives help us to feel a bit of Jesus' friend's feelings over the fifty days between Easter and Pentecost. What a roller coaster of emotions it must have been: the pain of Good Friday; the confusion and amazement following the resurrection; the joy at having Jesus in their midst again; the mixed feelings of seeing him go home, away from their sight; and the anticipation of the promise of the Holy Spirit coming to strengthen and inspire them to continue Jesus' work.

But I suspect even all of that was nothing to the rush of feelings and emotions on the day of Pentecost itself. I wonder what it actually felt like to be there that day. I always think of the Holy Spirit when I hear the line about Aslan, the lion in the Narnia stories - not a tame lion. When the Holy Spirit's about amazing, impossible things happen. We find ourselves being and doing things that we never thought were going to be a part of our life. That can be exhilarating, it can also be quite terrifying! Other people's reactions may not always be positive too - like those around on Pentecost who dismissed what was going on as the result of too much wine. Sometimes the Holy Spirit takes us to places that are uncomfortable for those around us, as well as for ourselves. So, let's remember that we never go there alone, but surrounded and lifted up by the love and strength of God. If poetry's your thing, there is a lovely reading of James Montgomery's poem 'Pentecost' [HERE](#).

Mother Helen

**Reflective Healing Service** - Tuesday at 7pm. A time for quiet reflection and prayer for ourselves and the world.

- To phone in, ring 0203 481 5240, When asked for the Meeting ID, enter 841 9142 9076 then the # button.
- Skip the next code it asks for by just pressing #
- Then when it asks for the password enter 540860 and then #

To join online, go to Zoom and join meeting

<https://us02web.zoom.us/j/84191429076?pwd=L3BiNHhHUlRNRT4czNab21lLzFFUT09>

The password is Minster.

**Parish Chat** - every Wednesday 7-8pm for a chatty zoom - no agenda, just a chance for a catch up.

- To phone in, ring [0203 481 5240](tel:02034815240)
- When asked for the Meeting ID, enter 812 4549 6516 then the # button
- Skip the next code it asks for by just pressing #
- Then when it asks for the password enter 566513 and then #

To join online, go to Zoom:

<https://us02web.zoom.us/j/81245496516?pwd=d1FzU3Y3b0J6TnJtN2pPc2pHQlJTZz09>

Meeting ID: 812 4549 6516 Password: Minster

It is much simpler than that sounds, I promise! Give me a call on [07902 447821](tel:07902447821) if you're having trouble getting in.  
Mother Helen.

## NOTICES

**Salvation Army Foodbank** needs appropriate food or cash donations: 1-3pm, Mondays & Tuesdays or call 01493 858069.

**Contact During Coronavirus:** Ministry Team are trying to be in touch with church members. If you, or someone you know, is in need please do make contact through the Parish Office: there are volunteers who can help people. If you have prayer requests email or phone the parish office.

**Online:** If you're online you can find the "Parish of Great Yarmouth" on YouTube. We'll also do live streaming on our Facebook page: [www.facebook.com/GtYarMinster](http://www.facebook.com/GtYarMinster). You don't have to be signed up to Facebook to view these.

**Regular Giving** with no weekly collection plate our income is much decreased. If you wish to set up a regular payment or make a one-off gift, account name The Parochial Church Council of the Ecclesiastical Parish of Great Yarmouth, sort code 20-99-21 and account number 60425850. Your giving can also be sent or delivered to the Parish Office (address above). Thank you.

**Parish Magazine:** The June magazine is out now, if you have any articles for the July issue please contact Pat Stringer.

**PARISH PRAYER LIST** *If anyone wants someone prayed for, ask any of the Ministry Team or the parish office.*

Pray for those who are sick or in need, all who are suffering in body, mind, or spirit or in need of God's loving care: Wendy, Susan, David, Barry, Sheila, Brenda. Pray for our local hospital chaplains. Pray for those ill with Coronavirus; for our local hospitals, healthcare workers, shop workers, binmen, delivery drivers, postmen/women, and all other keyworkers.

### COLLECT

God, who as at this time taught the hearts of your faithful people by sending to them the light of your Holy Spirit:

grant us by the same Spirit to have a right judgement in all things and evermore to rejoice in his holy comfort;  
through the merits of Christ Jesus our Saviour,  
who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

### FIRST READING

(Alternative readings)

The reading from Acts must be used as either the first or second reading.

Either **Acts 2:1-21**

*A reading from the Acts of the Apostles.*

When the day of Pentecost had come, they were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs – in our own languages we hear them speaking about God's deeds of power."

All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine." But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel: 'In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see

visions, and your old men shall dream dreams. Even upon my slaves, both men and women, in those days I will pour out my Spirit; and they shall prophesy. And I will show portents in the heaven above and signs on the earth below, blood, and fire, and smoky mist. The sun shall be turned to darkness and the moon to blood, before the coming of the Lord's great and glorious day. Then everyone who calls on the name of the Lord shall be saved."

Or **Numbers 11:24-30**

**PSALM Psalm 104:26-36. 37b**  
(or 104:26-end)

**R** *I will sing to the Lord as long as I live.*

O Lord, how manifold are your works!  
In wisdom you have made them all;  
the earth is full of your creatures.  
There is the sea, spread far and wide,  
and there move creatures beyond number,  
both small and great. **R**

There go the ships, and there is that Leviathan  
which you have made to play in the deep.  
All of these look to you  
to give them their food in due season. **R**

When you give it them, they gather it;  
you open your hand and they are filled  
with good.  
When you hide your face they are  
troubled;  
when you take away their breath,  
they die and return again to the dust.  
When you send forth your spirit, they are  
created,  
and you renew the face of the earth. **R**

May the glory of the Lord endure for ever;  
may the Lord rejoice in his works;  
He looks on the earth and it trembles;  
he touches the mountains and they  
smoke.  
I will sing to the Lord as long as I live;  
I will make music to my God while I have  
my being. **R**

So shall my song please him  
while I rejoice in the Lord.  
Let sinners be consumed out of the earth  
and the wicked be no more.  
Bless the Lord, O my soul.  
Alleluia. **R**

### SECOND READING

(Alternative readings)

Either **1 Corinthians 12:3b-13**

*A reading from the first letter of Paul to the Corinthians.*

No one can say "Jesus is Lord" except by the Holy Spirit. Now there are varieties of gifts, but the same Spirit; and there

are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, to another faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses. For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body – Jews or Greeks, slaves or free – and we were all made to drink of one Spirit.

Or **Acts 2:1-21** (as above)

### GOSPEL (Alternative readings)

Either **John 20:19-23**

*Hear the gospel of our Lord Jesus Christ according to John.*

It was evening on the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews. Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

Or **John 7:37-39**

### POST COMMUNION

Faithful God,  
who fulfilled the promises of Easter  
by sending us your Holy Spirit  
and opening to every race and nation  
the way of life eternal:  
open our lips by your Spirit,  
that every tongue may tell of your glory;  
through Jesus Christ our Lord.



I will sing to the Lord as long as I live.